

Aintree U3A

Newsletter March 2014

59 members attended the meeting on March 4th at Oriel Drive Youth & Community Centre. Unfortunately our speaker, Gordon Bartley, was unable to attend due to a family bereavement. We hope that he will be able to come at a later date.

The meeting began with a vote to accept the constitution set by the national U3A. Ian Roxburgh (chair) spoke about the South West Forum that he and Liz Wilson (sec.) had attended, where 5,000 U3A members were represented and where many areas could share ideas. Ian and Liz returned brimming with ideas and also encouraged by Aintree's progress in one year.

After welcoming new members and visitors we had "pancake tossing competition".

We still need a speaker secretary and a publicity secretary. Please remember that subscriptions, £15, are due April

Groups

All groups are very active. Remember that you can 'pick & mix' or try one or two taster sessions if you are not too sure whether a group is for you.

Craft group Leaders Lesley Darley & Kim Davies

Next meetings will be 17th March and will continue with macramé and jewellery on the 17th March the group hope to learn about crochet from another member, Winnie Colligan

Discussion Group Leaders Ian Roxburgh & Liz Wilson

Will meet on 18th March. Come along to listen and discuss. Some of the subjects covered will be: 'Heating Costs; Controversial Care Data' and favourite recipe.

Spanish Group Leaders Bill & Edna Thomason

Meet every Friday 2-4 pm. at Edna & Bill Thomason's home. This is a mixed ability group with some beginners using course books & CD's. Please ring Edna or Bill for information

Walking Group Leader Tony Byrne

Tony Byrne will lead the group on other interesting Liverpool Heritage Walks on the 13th and 27th March. On the 10th April the walk will be from Freshfield to Ainsdale. Anyone can join, it is very informal and can go at their own pace. Meet at the Old Roan station at 9.50am.

Art Active Leader Eddie Caldwell

Meet 2nd & 4th Tuesday of the month. We will continue watercolour paintings of flowers, gardens and perhaps still life

Out & About Group Liz Wilson

The historical tours of the Liverpool Medical Institute have been booked for 8th April. As both are oversubscribed it is hoped that 30th September can be organised for another visit.

Golf Group Leader Alf Whittle

This is a new group which will be led weekly by Alf Whittle who has kindly organised a professional golfer at Mosock Hall Golf Club to teach/ improve your golf. The golf pro will take up to 8 people at £5 per session. Club facilities and

golf clubs are provided. Group tuition is the best entry level and keeps costs down.

Bridge Leader Jane Jones

Jane is hoping to start a Bridge group for beginners. She talked about it at our last meeting.

Holidays & Breaks Away Leader Jane Jones

Jane from Maghull U3A organises holidays and breaks away. In April there is a short break to Paris and later in the year she will be arranging a Christmas market break in Bruges.

For more information about all activities please visit our website [aintreeu3a](http://aintreeu3a.com)

**All meetings at Oriel Drive Centre unless otherwise stated.*

To Be arranged

*Liverpool Cheese Company hosted evening, possibly in May. The Company bring cheese, biscuits, chutneys, nuts etc members could bring their own wine. For 40 people the cost would be £6 per head, over 40 the cost would drop to £5.

*Dobbie`s Nursery, Speke. The 82 bus from town runs straight there; we could look around, get inspiration for our gardens and have a coffee or afternoon tea. Please see Sylvia or Liz if you are interested.

*Creative Craft Show is at the Echo arena 8-10th May. Perfect for those interested in crafts eg. sewing, beading, crochet, card making with demonstrations and workshops etc. If you wish to have company to go there why not join Craft Corner group on Friday 9th May. Contact Lesley or Kim (tel: 523 8325) for details.

Bits & Pieces

*Until 30th March Brantano Shoes, are offering 25% off `comfort wear` Brands include Clarks, Hush Puppies, Reiker. Produce your U3A card or quote COMFORT U3A at the till.

* Mastermind are looking for contestants, contact mastermind@bbc.co.uk

* Health Festival on June 14th has been arranged by G P Practice. Aintree U3A has been asked to take part in order to showcase our benefits and our interest groups, also to show some of our work and what we are about.

*Ashton in Makerfield have a small group of members who meet in each other`s houses to taste a savoury & pudding made by host of the month. Would anyone in Aintree like to start a Pudding Club? Some interest has been shown, please check the notice board.

* Anyone wishing to start a new interest group or even short-term group please see Pat Carroll, Rita Harding or Iona James & just have a go.

* We have a pastoral team of 4 members willing to visit other members who are not well or who would welcome a friendly visit.

Next Meeting Tuesday April 1st 2-4pm.

The speaker will be Neil Smith. The talk will be "Have guitar will travel"

Diary date

6th May meeting; speaker will be Ken Pye on "The Joy of Scousers and Scouse" the people, the dish, the dialect.

Please check the notice board for visits and group information.