

AINTREE U3A

Newsletter September 2014

Ian Roxburgh welcomed nearly 60 members including 1 new member and 4 visitors. We are certainly going from strength to strength.

This month instead of a speaker we had a nostalgic film "Time and Our City" We all appreciated seeing old Liverpool, the buildings, the homes, the people and workers at their work. It was wittily narrated by Terence Davies and there were many oohs, ahs, laughter and comments. A very enjoyable hour.

Age Concern was not in attendance; perhaps they had a senior moment!

Art Active Leader Eddie Caldwell

Will re-start on the 9th and also meet on the 23rd September 2.00 – 4.00pm. Eddie has some lovely pictures of Tatton Gardens for us and will also guide us towards figure drawing and painting.

Bridge for Beginners Leader Jane Jones

Our beginners are now well on the way to understanding some of the complexities of this amazing game. We`re not taking new learners at the moment but keep an eye out. It won`t be long before we`ll be opening our doors again. Meet on Mondays 2.00 – 4.00pm.

Craft Group Leaders Lesley Darley & Kim Davies

The Craft Group re-start on Monday 15th September 1.00 –3.00pm, there will be an extra meeting on 29th of September. We will be finishing off projects and starting Christmas themed decorations.

Golf Group Leaders Ian Roxburgh 474 6665 & Alf Whittle

The Golf Group meet at Mossock Hall every Friday this month - not on a Wednesday. If you fancy trying your hand at golf please ring Ian to check time and venue as 10 is the maximum number. Golf clubs and balls are supplied as well as professional tuition.

Tea & Talk

This is a mid-month meeting, on Tuesday 16th between 2.00 and 4.00pm, to enjoy a social gathering and opportunity to chat with fellow members over a cup of tea or coffee.

Out & About Group Leader Margaret Eastwood

We will have a tour of the Bootle Fire Station, Bridle Road, on Friday 7th September. We meet at Bridle Road 10 am the cost of £2.75 includes a buffet lunch. On 27th August and 3rd September Pauline Chase organised trips to the Central Library. The tour was most informative and made us aware and appreciative of our City`s treasures.

Spanish Group Leaders Bill & Edna Thomason

The Spanish Group will meet Friday 12th and 26th September at 2.00pm at Bill and Edna`s home.

Walking Group Leader Tony Byrne

The next walk will be on Thursday 11th September at New Brighton. On the 25th there will be a walk around Ellesmere Port. Meet as usual 9.50 at Old Roan station.

The trip to the Lake District was a great success despite the heavy rain. The walkers completed their walk around Lake Grasmere while the non-walkers enjoyed Bowness and Lake Windermere. Wet and torrential rain does not dampen Aintree U3A members` enjoyment.

Community Gardening Leaders Marion Elson & Margaret Wagner

The Group has 6 members and has started tidying at three venues. The next meeting is at the Oriel Drive Centre on Wednesday 10 September at 1.00pm where they will be working and planting. Meeting venues will rotate between the Centre, the Old Roan shops and the station. If you can join, please ring Marion or Margaret for information.

Ballroom Dancing Leader Jean Jones

Ballroom dancing took off on 28th August, a good time was had by all (I think), and we danced the Waltz and the Cha-Cha-Cha. Come along, all abilities welcome. Next class will be on Thursday 11th September at 10.30 – 12.00am

Tai Chi

There are 2 classes of Tai Chi, Wednesday and Friday, both at 1.00pm for one hour. Mike is happy for members with mobility problems to do the exercises sitting down. I think that those who attend are already feeling the benefit of this gentle exercise.

All activities taken with the U3A are at your own risk. You are responsible for taking enough care.

**All meetings to be held at Oriel Drive Centre unless otherwise stated.*

Bits & Pieces

* We all enjoy our `cuppa` at our main meeting but we need volunteers to make the tea and coffee. At the moment very few have put their name down and it does tend to be the same members. Please think about offering, if enough put their names forward the tea-making would not become onerous for the few.

*THE LOCAL HISTORY GROUP will start on Wednesday 15th October. This will be led by Doreen Stock.

*The Liverpool Medical Institution are having a display of military medicine, "Then and Now 1914-2014" for three days, 2nd – 4th October as part of the WW1 remembrance theme. There will be 1914 trenches, exhibitions, talks, medical vehicles etc. For more information contact the Institute on 709 9125 or go online lmi.org.uk.

*Eddie Caldwell and the Red Rose Band, (they entertained us at Christmas), are holding a charity concert in aid of Woodlands and St. Joseph's Hospice at Holy Rosary Parochial Centre on Sunday 12th October at 2.45pm. Cost of tickets are £3.00 available from Eddie (526 8288) or pay at the door.

*Deeside & Wirral U3A network are presenting "In the Mood"; a day to promote well-being and active ageing, and to enhance the feel good factor. This will take place on Friday 24th October at Hoyle Community Centre, The Parade, Hoyle Road, Hoyle CH47 3AG. As members of Aintree U3A, we are allowed to attend.

* Jane Jones has a 9 day break to Berlin and Dresden 10th – 18th May for £787 with a group discount to be applied. Berlin is a very vibrant, exciting city and during that week Dresden hosts a jazz festival beside the River Elbe. There will be opportunities to visit many places of interest; Brandenburg Gate, Checkpoint Charlie, Colditz etc.

* Hope Cafe has re-opened after the summer break, a convenient place to meet up for coffee and a chat. Open Tues – Thursday 9.00am – 3.00pm.

*If you have any relevant information for the newsletter please contact Iona James or Liz Wilson; any ideas for new groups contact Pat Carroll on 07790 515 744; pastoral leader is Margaret Eastwood.

Next meeting Tuesday 7th October 2-4 pm

Neil Smith is returning to talk about "Behind the Iron Curtain". Neil gave us a very amusing talk last April, we are delighted that he can return and give us another enjoyable afternoon.

Diary date

Our own Mike Formby. "Mastermind" Mike will talk of his experiences when he won Mastermind.