

AINTREE U3A

Newsletter October 2016

At our October meeting over 90 members enjoyed an interesting and amusing talk with a demonstration by Matthew Lepp of "Tigermuffin Soaps". He gave us the history of soap and how our ancestors kept clean and developed soap and bathing. He demonstrated how it was possible to make a bath bomb from basic kitchen materials such as bicarbonate of soda, citric acid and almond oil. He also demonstrated how different soaps, solid blocks and liquid soap were made

Art Active Leader Eddie Caldwell

Art Active will meet on Tuesdays at 2.00pm on 11th and 25th of October. We will be painting pictures with an autumnal theme, so we need to observe the season's colours.

Bridge for Beginners Leader Jane Jones

The Bridge group meet at the Centre every Monday. The more experienced at 1.00pm and beginners are still welcome to join. Beginners group starts at 2.00pm. For more information please contact Jane.

Craft Group Leaders Lesley Darley & Kim Davies

The craft group will meet at 1.00pm on Monday 17th of October, when they will be making angels, stars and other Christmas decorations.

Out & About Group Leaders Marion Elson & Margaret Wagner

Nothing is planned for this month but next month, the 10th of November, members will have the opportunity to get gifts and outfits ready for Christmas by visiting Boundary Mill in Colne. The cost, including the coach, will be £12 which must be paid at the next meeting. Also to be paid at the November meeting is the money for the Christmas meal, £16.50 or £11.50 if you have paid £5 deposit. The meal will be a traditional Christmas dinner; soup, turkey and pudding.

Spanish Group Leaders Bill & Edna Thomason

The Spanish group will be meeting on Fridays the 7th and 21st between 2.00 – 4.00pm at Bill and Edna's home.

Walking Group Leader Marion Elson & Margaret Wagner

On Thursday October 6th there will be a 5 mile walk from Brimstage to Thornton Hough. On the 20th the walk will be from Freshfield through to Ainsdale and possibly have refreshment, if needed, at the Bike Shop. Meet as usual at the Old Roan station at 9.50am.

Community Gardening Leaders Marion Elson & Margaret Wagner

Next week it is hoped to tidy the garden around the Centre. Helpers will be notified.

If you feel that you can contribute or help please contact Marion or Margaret. All volunteers are welcome.

Local History group Leader Fred Forrest

The Local History group meet at 2.30pm on the 26th of the month and will continue with local and Merseyside history.

Around The World Group. Leader Jan Jones

We enjoyed our meal at Chy, Ian especially enjoyed Carol's starter. On Thursday 27th October Jan has arranged a meal for 5.00pm at Piri Piri, Railway Road, Ormskirk. The meal will consist of two courses and a glass of wine for £10. Meet at the Old Roan station at 4.00pm. All the money to be paid to Jan asap.

Cinema Group Leader Carol Whiteley

Unfortunately the cinema do not give much advance notice of films that will be shown so if you wish to have your name on the list for notification of future cinema visits please contact Carol.

Writing for pleasure Contact Iona James

We meet for an hour at 11.00am on Tuesday 11th the topic being a choice of "Cat" / "Dog" or "Bird". For the meeting on 26th the topic will be chosen at the previous meeting. We only write short pieces and everyone has a different take on each subject. If you want a taster why not come along and see for yourselves.

Singing for Fun Leader Eddie Caldwell

Group will meet on Friday the 28th at 10.00 until 11.30am. This is a very enjoyable and fun pastime

Card Making Leader Pat Williams

Card makers will meet on Tuesday 18th October and 1st November please check time with Pat. Christmas cards will be made.

Ukulele Group Contact Liz Wilson

The ukulele players meet every Monday evening at 6.30pm at a member's home. We are all looking forward to having a concert when they can demonstrate their skills. Please contact Liz if you need more information.

R.U.G. - i.e. Really Useful Group Leader Sylvia McCormack

Please think about putting your name forward for this new group. You may not be able to volunteer on a regular basis, but there are little jobs that need to be done from time to time and this provides a way to become involved without a regular commitment

*Lists for activities, visits etc. will be found on a table in the committee room other information on our notice board.

*All activities taken with the U3A are at your own risk. You are responsible for taking enough care.

Bits & pieces

***Forthcoming events.**

* There are two free courses run by U3A NorthWest. Different Approaches to Learning on 13th October at Quaker Meeting House, School Lane, Liverpool and Inclusiveness Awareness on 4th November at Gateway Centre, Warrington. There are many courses in London which as members you are allowed to attend. For more information and registration details go to www.u3a.org.uk/north-west or contact a member of the committee.

* Jane is taking bookings for five days in September 2017 for a break at Huntington, Cambridgeshire, staying at 4* Marriot Hotel and will include visits to NT property Ickworth House Park & Garden; Burghley House; Bletchley Park, spy HQ; National Guide Dog Training Centre and Richard 111 Centre, Leicester. The cost for this holiday is £399.00 per person with £80 supplement for a single room.

* Eddie Coldwell wishes to thank members who supported the Red Rose band on the 2nd October at the Holy Rosary. They raised over £600 for Woodlands Hospice and Jospice.

*Library at the Centre is open on Tuesdays 10.30 -12.30, Thursdays 2.00 - 4.00pm and Saturdays 10.30 – 12.30

* Tai Chi meets on Wednesdays at 1.30 – 2.30pm. Cost is £2.50 for information contact Mike on 476 4782.

* If you know of any member who is ill or bereaved please let Margaret Eastwood or any committee member know. Any information for the newsletter please notify Iona James or our secretary Collette Forrest

*Put aintreeu3a into Google to find our website to see photos of different events and groups.

Next meeting Tuesday 1st November

The speaker will be June Corner who will talk on "Snippets and Stories from the 20's"