

AINTREE U3A

Newsletter October 2014

Ian Roxburgh welcomed nearly 70 members including 4 new members and 11 visitors despite the heavy rain.

We all enjoyed welcoming back our speaker Neil Smith who spoke of his experiences with a group of musicians visiting Russia; "Behind the Iron Curtain". He started by explaining the vastness and extremes of the land and weather; he referred to the violent history of the country and people. Neil spoke of being spied upon and the importance of being very careful in actions and words as well as the many dangers, from bears to KGB.

Art Active Leader Eddie Caldwell

As some were away last meeting we will continue with portraits and then proceed to autumn scenes. The next meetings will be on 14th and the 21st of October between 2.00 and 4.00pm.

Bridge for Beginners Leader Jane Jones

The bridge players are getting into full swing and Jane will be starting a new course in November. Please contact Jane if you are interested. They meet on Mondays 2.00 – 4.00pm.

Craft Group Leaders Lesley Darley and Kim Davies

The Craft Group will have their regular meeting on Monday 20th October and an extra meeting on 27th October 1.00 - 3.00pm. Christmas decorations will be continued.

Golf Group Leaders Ian Roxburgh & Alf Whittle

The Golf Group meet at Mossock Hall every Friday. If you fancy trying your hand at golf please contact Ian to check time and venue as 10 is the maximum number. Golf clubs and balls are supplied as well as professional tuition.

Tea & Talk

This is a mid-month meeting, on Tuesday 21st between 2.00 and 4.00pm, to enjoy a social gathering and opportunity to chat with fellow members over a cup of tea or coffee. Attend and leave whenever you wish.

Out & About Group Leader Margaret Eastwood

No trips are organised for this month. If you have any ideas for outings please contact Margaret.

Spanish Group Leaders Bill & Edna Thomason

The Spanish Group will meet Friday 10th and 24th October at 2.00pm at Bill and Edna's home. One new member has joined and if you wish to visit Spain why not learn a few phrases or practise your Spanish.

Walking Group Leader

The next walk will be on Thursday 9th October from Brunswick to Albert Dock. On 23rd October the walk will be at Southport. Meet as usual 9.50 at Old Roan station.

As Tony is in a lot of pain with his knee and is unable to lead the walks we need another leader, someone who will be a focal point and contact. Please help Tony by volunteering.

Community Gardening Leaders Marion Elson & Margaret Wagner

The group will meet at the Old Roan shops on the 10th October at 12 noon, and hopefully at the bus interchange Old Roan, on 17th October around 12 noon. Please ring Marion or Margaret for information in case plans change due to the weather. If you have spare plants, bulbs or cuttings please contact Marion or Margaret.

Ballroom Dancing Leader Jean Jones

As there has been a mix up with the walking group there have been changes; the dates for the next sessions are Thursdays 16th and 30th October between 2.30 and 4.00pm

tai Chi Leader Mike Woodward

There are 2 classes of Tai Chi, Wednesday and Friday, both at 1.00pm for one hour. Mike is happy for members with mobility problems to do the exercises sitting down. Hopefully Hugh Baird College will subsidise a 10 week course, if you are interested please contact Mike as soon as possible.

Local history group Leader Doreen Stock

The first meeting of this new group will be on Wednesday 15th October 2.00 – 4.00pm. This will be an introductory meeting and it is hoped that it will be interactive. If you have photos, books or cuttings of Aintree or Melling please bring them along. Memories and recollections will be very welcome.

All activities taken with the U3A are at your own risk. You are responsible for taking enough care.

**All meetings to be held at Oriel Drive Centre unless otherwise stated.*

Bits & pieces

*Hatha Yoga group will starting Wednesday 15th October 9.15 – 10.45am. All are welcome.

*There will be a theatre outing to the Casa Theatre, Hope Street to see "All Quiet on the Western Front" on Wednesday 19th November, tickets £5. Please let Iona know if you are interested by Thursday 16th October if possible so that tickets can be booked.

*There will also be a theatre outing to the Unity Theatre to see Mis Les, the return of Caz and Britney. This will be on Friday 16th January 2015, tickets £10, money to be paid to Sylvia.

*Forum for U3A Science based groups are meeting at Liverpool Central Library, William Brown Street on Friday 7th November, 10.30 -3.30. This is not a day for learning specific projects but will have discussions on how to run successful groups, use of external material etc. If interested please contact Liz for more details.

*Jane is organising a holiday to Eastbourne 13th – 20th September 2015. Places are filling up fast so please contact Jane as soon as possible if you wish to go as her holidays are very popular.

*Eddie Caldwell and the Red Rose Band are having a concert in aid of Woodlands and St Joseph`s Hospice at Holy rosary Centre 2.45 on the 12th October. Pay at the door tickets are £3 each.

We are still looking for a speaker secretary. It is an easy job, it only takes a few phone calls to book speakers and there are lists. We have speakers booked up to March 2005 meeting. Please consider getting involved.

There is a Community Library Provision to be at the Community Centre. If any member would like to lead a reading or writing group please contact Pat Carroll.

*If you have any relevant information for the newsletter please contact Iona James or Liz Wilson; any ideas for new groups contact Pat Carroll; pastoral leader is Margaret Eastwood

Next meeting Tuesday November 4th 2-4 pm

One of our own members, Mike Formby, who won Mastermind will talk about his experiences of being in the famous black chair

Diary date December 2nd

We will have a Christmas get-together with mince pies and mulled wine.