

AINTREE U3A

Newsletter May 2014

The meeting on May 6th at Oriel Drive Youth & Community Centre was again very well attended. Our chairman, Ian Roxburgh, welcomed members, new members and visitors to the meeting.

Ken Pye gave a very amusing and interesting talk on "The Joy of Scousers and Scouse, the people, the dish and the dialect". He gave us interesting facts how Liverpool had developed from not being included in the Domesday Book to becoming an important city in the 18th century; how the dish came from Scandinavia via the Whalers and our dialect influenced by Lancashire people and the Celtic nations who moved into the city.

Groups

The groups are very popular and active with two new ones starting this month.

Art Active Leader Eddie Caldwell

The art group will meet on Tuesday 13th May and 27th May, they will continue with landscapes and also do some colour mixing.

Bridge for Beginners Leader Jane Jones

A new beginners` class will begin on Monday 12th May at 2.00pm and will take place every Monday. Please don`t be worried about tackling this brilliant game, the lessons move at a very gentle pace with no pressure. If you have not put your name forward and would like more information please contact Jane.

Craft Group Leaders Lesley Darley & Kim Davies

The craft group will meet on Monday 12th May and on Monday 19th May when it is hoped to make a bag charm. Unfortunately the Craft Event at the Liverpool Arena has been cancelled by the organisers. A Bead Fair will be held at Haydock Park on 27th July.

Discussion Group Leaders Ian Roxburgh & Liz Wilson

The discussion group will meet on Tuesday 20th May. Please bring ideas and suggestions for future topics.

Golf Group Leader Alf Whittle

This is also a new group and will be starting this month on Friday 30th May and will take place at Mossock Hall a professional golfer, Brad Miller, who will give an hour`s lesson. Please contact Alf or Ian for more information. Some of you might know Brad as he was brought up in Aintree.

Out & About Group Leader Liz Wilson

Due to so many being interested in the tour of the Liverpool Dry Docks there will be two tours, one in the morning and one in the afternoon on Tuesday 27th May. Please meet at the Maritime Museum, Albert Dock. For the morning tour, meet at 11.20am and for the afternoon tour meet at 2.20pm.

As the Liverpool Town Hall is being re-furbished our tour of this magnificent building will take place later in the year.

Spanish Group Leaders Bill & Edna Thomason

Amigos - meet at Bill & Edna`s home on the 9th May for revision and improve your Spanish conversation.

Walking Group Leader Tony Byrne

This is a very popular group with everyone enjoying the fresh air, exercise and good company. On Thursday 8th May the walk will be from Hall Road to Formby and on Thursday 22nd May the walk will go from St Michael's to Otterspool. Meet as usual at the Old Roan station at 9.50 am.

**All meetings to be held at Oriel Drive Centre unless otherwise stated.*

**Please check the notice board for group information and visits, also our website aintreeu3a.*

Bits & pieces

*It is hoped to begin a photography course in June.

*Aintree Health Festival will take place Saturday 14th June 12.00 – 5.00 pm, we need volunteers for refreshments and to promote U3A in Aintree.

*We will have a hosted `Cheese & Wine` evening by The Liverpool Cheese Company on Tuesday 29th July Bring your own wine and glasses, cost £6.00 a head, see the notice board for details.

Aintree Harrow Ladies Bowling Club is looking for new members. They are an established club who play regular league and friendly games and will provide coaching for interested beginners and also welcome experienced players. The club hold social events including meals after events. Please phone Val Ennis for more information.

* Alzheimer's Society Sefton is holding a drop in information and advice day at the Hope Centre, Aintree Lane on Monday 19th May from 10am – 3pm. If you are worried or care for someone with dementia you will find information and get advice from professional staff. Alzheimer Society tel; 01704 539967.

*Chiropodist Vivienne Holmes will make home visits and is offering £5 off the first treatment. Please contact Vivienne on 07894 904 653.

*If anyone knows of any member who is unwell please speak to the U3A visiting team, Margaret Eastwood or Pat Bannon, and Barbara Rowlands.

* Our swap corners for books and plants are proving very popular with new books brought every month. Aintree gardens should be full of flowers and tomato plants this summer. Please continue to use these facilities, bring your unwanted books and plants for other members to benefit.

*If you wish to start a new group or have any relevant information for the newsletter please contact Iona James on or Pat Carroll.

Next meeting Tuesday 3rd June 2-4 pm

The speaker will be Martin Jones. "The wills of the Rich and Famous"

N.B. - this meeting will be held at the Methodist Church, Altway due to re-decorating at the Oriel Drive Centre

Diary date

July 1st meeting; the speaker will be Dr Ged Corcoran – former consultant in Palliative Care – "Care at Life's End". Medical and ethical issues in the care of a dying person.