



THE UNIVERSITY OF THE THIRD AGE



# AINTREE U3A

JANUARY 2020

<https://sites.google.com/site/aintreeu3a>

## NOTICES

JOIN US FOR OUR MONTHLY MEETING ON THE FIRST TUESDAY OF THE MONTH 14:00 - 16:00 HRS

## MONTHLY SPEAKERS

7.1.20 In My Liverpool Home - David Brown

4.2.20 Reminiscences of a Tour Guide - Steve Binns

3.3.20 Murder and Mayhem - Elaine Allen

7.4.20 Liverpool Overhead Railway - Ron Martin

## WELFARE

If you know of any member who is bereaved or ill, please contact Barbara Shaw on 281 1159 or any committee member.

## U3A OFFICIALS

Chair Carol Whiteley 531 7066  
Vice Chair: Ian Roxburgh 474 6665  
Treasurer: Ann Carter 523 2697  
Secretary: Liz Wilson 474 6843 (Temporary)  
Welfare: Barbara Shaw 281 1159

## VOLUNTEERS NEEDED

We still need names on our tea/coffee making rota for the monthly meeting.

Our next MONTHLY meeting will be on TUESDAY, 4 FEBRUARY 2020 at 2.00 p.m.

80 Members attended our November meeting and heard a talk by Gordon Bartley on "Fish & Chips, Little Ships" etc.

The Christmas Party held at the Holy Rosary Social Club on 3 December was enjoyed by all, a lovely buffet was provided, entertainment and staff were excellent and thanks should be given to Marion and Margaret for once again organising such a successful event.

## ART ACTIVE

Leader: Eddie Caldwell 526 8288

Venue: AINTREE COMMUNITY CENTRE (unless otherwise stated)

Days & times: Tuesdays 2.00 - 4.00 p.m., fortnightly.

Next session: Tuesdays, 21 January, 18 February and 10 March 2020.

## BRIDGE FOR BEGINNERS

Leader: Jane Jones 526 2530

Venue: MAGHULL PARISH HALL

Days & times: Bridge Group meetings restarted in September.

## CARD MAKING

Leader: Pat Williams 208 7171

Venue: AINTREE COMMUNITY CENTRE

Days & times: Tuesdays, 14 & 28 January 2020 - 10 a.m. to 12 noon.

## CINEMA GROUP

Leader: Carol Whiteley 531 7066

Nothing planned at present. It is hoped the Silver Screen showings will recommence soon. NOTE The web editor has embedded the Fact cinema "tweets" in the cinema group page which will enable members to check what's on now and the coming weeks.

## COMMUNITY GARDENING

Leader: Marion Elson 286 5267

Asst: Margaret Wagner 531 7449

Will recommence in the Spring.

## CRAFTS

Leader: Lesley Darley 284 3385

Asst: Kim Davies 523 8325

Venue: AINTREE COMMUNITY CENTRE

Days & times: Third Monday in the month 13.00 - 15.00 hrs.

Next session: 20 January 2020.

## CROCHET GROUP

Leader: Connie Cain 526 0575

Dates & times: Thursdays, 9/23 January 2020 and 6 February 2020.

The class is held fortnightly on Thursdays 2 p.m. - 3 p.m. and will be held at Connie's home.

## HOLIDAYS

Leader: Jane Jones 526 2530

SEE DETAILS ON BACK PAGE

## **GENTLE KEEP FIT EXERCISE**

**Group Leader:** Marion Elson

**Deputy:** Margaret Wagner

**Venue:** AINTREE COMMUNITY CENTRE

**Days & times:** Mondays 09.30-10.30 a.m. **(BUT NOT BANK HOLIDAYS) FIRST Monday each month commences at 9.00 a.m.**

**Dates for next sessions:**

Monday 6 January 2020 (9.00 o'clock start). Mondays, 13/20/27 (9.30 a.m. start and Monday 3 February (9.00 o'clock start). Gentle is our byword. All exercises done at your own pace.

## **GOLF**

**Leader:** Ian Roxburgh 474 6665

**Venue:** Aintree Golf Centre

**Days & times:** Times and days vary so contact Ian to confirm attendance during the week before so planned sessions can be confirmed. There is a cost depending on your status (£6.50 to £8.50) for 9 holes, our usual round, which takes approx. 2 hrs.

## **HOW DO I?**

**Leader:** Sylvia McCormack 526 6194

Next sessions: Tuesday, 14 January 2020, 2-4 p.m., and Tuesday, 25 February 2020, 2-4 p.m.

Saturday, 29 February at 6 p.m., we are having a Murder Mystery evening. Tickets and info at the February monthly meeting.

There is a date in March for a visit to the Gillmoss recycling centre. Please give names to Sylvia if you would be interested as she needs numbers to book in the next week.

## **INTERESTING BUILDINGS GROUP**

**Leaders:** Liz Wilson 474 6843 and Ann Carter 523 2697

Our 2020 programme will restart in February with a new exciting programme.

## **LOCAL HISTORY GROUP**

Watch this space. (Temporary contact is Mike Morris, 520 3100)

## **OUT & ABOUT**

**Leaders:** Marion Elson 286 5267  
Margaret Wagner 531 7449

As well as trips out throughout the year we plan to do some "ambling out and about" - short walks for anyone who only wants to do a couple of miles. Meet at Old Roan Station at 9.40 a.m.

**30/1/20** - Southport - walk around the lake etc./coffee and cake.

**12/3/20** - West Kirby - walk around the front and round the lake/have some lunch.

**21.5.20** - Walk from Woodside to New Brighton - lunch in Wetherspoons ?

**30/7/20** - Sefton Park and Lark Lane

**10/9/20** - Princes Park

**19/11/20** - Baltic Market

## **SINGING FOR FUN**

**Leader:** Eddie Caldwell 526 8288

**Venue:** AINTREE COMMUNITY CENTRE (unless otherwise stated)

**Dates & Times:** Fridays, 31 January and 28 February 2020 - 10.00 a.m. - 11.45 a.m.

**SPANISH** This class is in abeyance as a teacher is needed. Anyone interested contact Rylda Blake on 526 7513

## **UKULELE GROUPS**

**Leaders:** Liz Wilson 474 6843 (Group One) and Connie Cain 526 0575 (Group Two)

**Group One** - meets weekly at the Methodist Church. Restarts 7 January 2020 - 6.30 p.m. - 8.00 p.m. We will be playing for residents of Mayhall Residential Home in Maghull on Wednesday, 29 January 2020.

**Group Two** will continue to meet in member's home on a Monday 2-3 p.m.

## **U3A DINERS**

**Leader:** Jan Jones 07815614857 - a meal has been planned at the Bella Italia, Ranelagh Street, Liverpool, on Thursday 16 January 2020 at 2.15 p.m. Cost £14 (including tip) for a 2 course meal - NO MEAL CHANGES. Meet 1.30 pm. at Old Roan station or at the restaurant.

## **WALKING GROUP**

**Leader:** Mike Morris 520 3100

**Days & times:** Fortnightly on Thursdays.

**Next walks:** - Thursday 9 January 2020 - (Maghull 4 miles); Thursday 23 January - (Chester 3 miles). Good walking boots are recommended for all walks.

Meet as usual at Old Roan station at 9.40 a.m. for all walks unless otherwise notified.

## **WINE APPRECIATION**

**Group One Leader:** Liz Wilson 474 6843

Meets at member's home for our annual Burns Night Dinner on Thursday, 23 January 2020. Each course with accompanying wines.

**Group Two Leader:** Carol Ingham 531 9690 - Are meeting at member's home on Wednesday, 22 January 2020 at 7.30 p.m., when we will be celebrating Burns Night. Piping in the Haggis with a selection of wines and having a wee dram of scotch to end the evening.

## **WRITING FOR PLEASURE**

**Leader:** Iona James 526 7832

The Writing for Pleasure group is meeting on Tuesday, 14 January between **11.00 a.m. - 12.30 p.m.** at the **Methodist Church**. Topic will be either "Motivation" or "Gift". Do you find pleasure in the written word? Enjoy a good story? Thought you could do better? If anyone is interested please come along to talk and listen to see if it is for you. The group meets the 2nd Tuesday of the month at **Methodist Church, Altway**.

## **PLEASE NOTE:**

All activities are taken at your own risk. You are responsible for ensuring your own safety.

## **HOLIDAY INFORMATION**

Please contact Jane on 526 2530 for more detailed information.

## **BATTLEFIELDS TOUR**

We have two twin rooms left on our Battlefields Tour next September. Pick up a flier from Jane if you are interested.

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## **ADDITIONAL ITEMS**

Don't forget our planned Aintree Summer Festival in July 2020. Any donations for our "Hook a Bag" stall for adults or children would be gratefully received and can be dropped off at any of our monthly meetings.

## **Latest additions to Website:**

**Timeline of Activity** - A selection of Aintree U3A activities over the last five years. You can view it via a link at the top of the Home page or directly via the Gallery:

<https://sites.google.com/site/aintreeu3a/gallery> (<https://sites.google.com/site/aintreeu3a/gallery>)

You can click on the flags at the bottom of the timeline or click the arrow on the right-hand side to progress through the selection.

**Group Activities by Category** - Members and potential members alike have long been able to search for groups by the day of the week that groups meet and by an A-Z listing of groups. Now, a new option has been added. It is now possible to search via a broad range of subject headings reflecting group activity - Creative, Physically Active, Visits to Places, Musical and Other:

<https://sites.google.com/site/aintreeu3a/groups/group-activities-by-category>

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Alternatively, if you click on the Groups tab at the top of any page, you will find the relevant link on the Groups page.

Members can now follow Aintree U3A on **Twitter** - the **Twitter** logo is in the footer of all pages of the site.

## **PLEASE NOTE:**

There is now a dedicated section on the website called **WEBSITE UPDATES**. Go to the Newsletter page where you will find the entries. Click on "view more" at the bottom and you will be taken to the full page where you can see the full text of all the entries.

