



THE UNIVERSITY OF THE THIRD AGE



Aintree U3A

JANUARY 2018

<https://sites.google.com/site/aintreeu3a>

NOTICES

JOIN US FOR OUR MONTHLY MEETING ON THE FIRST TUESDAY OF THE MONTH 14:00 – 16:00 at Aintree Youth and Community Centre, Oriel Drive, Aintree.

MONTHLY SPEAKER

Our January talk on the 2nd of the month, will be by Chris Tynan, the topic being the "Sefton Coastline".

VOLUNTEERS NEEDED

We still need names on our tea/coffee making rota for the monthly meeting. Remember the more names we have the less often your turn comes round!! Please join us.

WELFARE

If you know of any member who is bereaved or ill, please contact Margaret Eastwood on 526 7558 or any committee member.

U3A OFFICIALS

Chair: Tony Byrne 526 8815
Vice Chair: Ian Roxburgh 474 6665
Treasurer: Ann Carter 523 2697
Secretary: Mike Morris 520 3100
Welfare: Margaret Eastwood 526 7558

Our next COMMITTEE meeting will be on TUESDAY, 16 JANUARY 2018 at 2 p.m.

Our next MONTHLY meeting will be on TUESDAY, 6 FEBRUARY 2018

The talk in November was to have been on the subject of "Kitty Wilkinson". Unfortunately our speaker did not turn up but every cloud has a silver lining and 80 members were privileged to hear the ladies of our "Writing for Pleasure Group" showcasing their talents by reading their enjoyable short stories/poems. Many thanks to these ladies for stepping in at such short notice.

ART ACTIVE

Leader: Eddie Caldwell 526 8288
Venue: Aintree Y&CC
Days & times: Tuesdays 14:00 - 16:00 fortnightly. Next sessions: 30 January, 13 and 27 February and 13 and 27 March.
If you think you'd like to try your hand at painting come and meet up with us. Discover your own hidden talents and make new friends.

BRIDGE FOR BEGINNERS

Leader: Jane Jones 526 2530
Venue: Aintree Y&CC
Days & times: Mondays 13:00 - 16:00
We run classes for both beginners and improvers so if you fancy giving this amazing game a go, please get in touch.

CARD MAKING

Leader: Pat Williams 792 4806
Venue: Aintree Y&CC
Days & times: Tuesdays 9 and 23 January - 10.30 am - 12.30 pm. This is a great way to socialise with people and learn new skills that could even save you money.

CRAFTS

Leader: Lesley Darley 284 3385
Asst: Kim Davies 523 8325
Venue: Aintree Y&CC
Days & times: Third Monday in the month 13:00 - 15:00
Next session 15 January
Expert or beginner, everyone is welcome. Learn a new skill or revive an old one.

CINEMA GROUP

Leader: Carol Whitely 531 7066
Forthcoming Silver Screen shows are listed on the Centre noticeboard.

COMMUNITY GARDENING

Leader: Marion Elson 286 5267
Asst: Margaret Wagner 531 7449
In abeyance until the Spring. Have been assured by Marcus Bleasdale that the beds will be planted up in the New Year - then we will maintain them. Looking forward to Daffs and Crocuses appearing.

GENTLE KEEP FIT EXERCISE

Leader: Tony Byrne 526 8815
Venue: Aintree Y&CC
Days & times: Mondays 09.30- 10.30 (09.00 - 10.00 on first Monday of every month). Next session: 8 January.
Gentle is our byword. All exercises done at your own pace.

GOLF

Leader: Ian Roxburgh 474 6665

Venue: Mossock Hall Golf Club

Days & times:

Fridays 12.00 -13.00

Everyone is welcome

HOLIDAYS

Leader: Jane Jones 526 2530

A Taste of the Netherlands

24th - 29th June 2018

Join us for a six day break to the Netherlands staying at the 4* Fletcher Hotel just outside Amersfoort.

Excursions include Amsterdam, Volendam, Zaanse Schans, and Arnhem with a guided tour of the open air museum. Cost is £485.00. Booking now open. Speak to Jane on 526 2530 for further details.

A date for your diary 20th - 24th

September 2018. Join us for a "Highlights of Hampshire" five day/ four night break next September staying at the 4* Norton Hotel just outside Winchester, on a half board basis, at a cost of £425. For additional information please pick up one of our flyers or ring Jane on 526 2530.

HOW DO I?

Leader: Sylvia McCormack
526 6194

Next meetings: Tuesdays 16 January 2 - 4 pm and 20 February 2 - 4 pm.

Come & join us for a cuppa and a chat. Bring your problems.

A photo competition has been organised which is open to all Aintree U3A members. The theme is "Wild life in your garden or the park" See flyer on Centre noticeboard for all details. Open until 5 March. Prize to be awarded on AGM day.

OUT & ABOUT

Leaders: Marion Elson 286 5267
Margaret Wagner 531 7449

A list of possible future events will be published for the February meeting.

SINGING FOR FUN

Leader: Eddie Caldwell 526 8288

Venue: Aintree Y&CC

Next sessions: Fridays,
26 January, 23 February and
30 March all 10 am - 12 pm.

We need more voices. All welcome to come along and practice for our concerts.

SPANISH

Leader: Rylda Blake 526 7513

Please contact Rylda for information about this group.

U3A DINERS

Leader: Jan Jones 07815614857 - our next meal out will be at a Turkish restaurant called Elif in Bold Street on Thursday, 15 February at 2.15 pm. The cost is £11 for 2 courses and money will be collected at the meeting on 2 January.

UKULELE GROUP

Leaders: Liz Wilson 474 6843 and
Connie Cain 526 0575

This Group will meet at the Methodist Church every Tuesday evening from 9 January at 6.30 pm. This decision has been taken to enable the two groups to be merged.

WALKING GROUP

Leader: Mike Morris 520 3100

Days & times: Fortnightly on
Thursdays.

Two walks planned for January are:
Thursday 11 January to Hilbre Island (4 miles) and
Thursday 25 January to Calderstones Park (5 miles). Both meeting at Old Roan Station at 9.50 am.

A new annual programme of walks is being considered and will be publicised as soon as possible. Anyone interested in forming a walking group should please contact Mike. The walks planned will take the fitness of all involved into consideration.

WINE APPRECIATION

Group One Leader: Liz Wilson

474 6843 - will meet on Thursday 25 January at 7 p.m., in member's home.

Group Two Leader: Carol Ingham

531 9690 - will meet on Saturday 6 January at 7 pm in member's home.

WRITING FOR PLEASURE

Leader: Iona James 526 7832

Do you find pleasure in the written word? Enjoy a good story? Thought you could do better? Come along and find out. We'd love to meet you.

The group meets the 2nd Tuesday of the month at Aintree Y&CC.

Next meeting: Tuesday 9 January from 11 am - 12.30 pm

PLEASE NOTE:

All activities are taken at your own risk. You are responsible for ensuring your own safety.

NON-U3A ACTIVITIES

TAI CHI

Leader: Mike Woodward 476 4782

Venue: Aintree Y&CC

Days & times: Meets on Wednesdays at 13:30 - 14:30

LIBRARY

Venue: Aintree Y&CC

Days & times: Tuesdays 10:30 - 12:30

Thursdays 14:00 - 16:00 and

Saturdays 10:30 - 12:30

JIGSAW CLUB

Venue: Aintree Y&CC

Days & times:: Tuesdays 10:30 - 12:30

BITS AND PIECES

CHRISTMAS PARTY

Our 2017 Christmas Party was held at the Holy Rosary Club. A wonderful time was had, a lovely buffet was provided and entertainment and staff were excellent. Well done to Marion and Margaret for organizing such a successful event.

The Third Age Trust has introduced a regular on-line national newsletter and all U3A members are being encouraged to register to receive it directly at u3a.org.uk/email.