



THE UNIVERSITY OF THE THIRD AGE



# Aintree U3A

**FEBRUARY 2018**

<https://sites.google.com/site/aintreeu3a>

## NOTICES

**JOIN US FOR OUR MONTHLY MEETING ON THE FIRST TUESDAY OF THE MONTH 14:00 – 16:00 at Aintree Youth and Community Centre, Oriel Drive, Aintree.**

“IMPORTANT! At the next meeting on 6th March, proceedings will begin with a separate Special Meeting of the U3A commencing at 2.00 p.m. and this notice constitutes a summons to all members to attend that meeting. We have to convene the Special Meeting so that an important Constitutional change can be considered. This change is to the U3A’s object clause 3, which sets out the charitable purposes of the U3A. Following advice from the Third Age Trust and the Charity Commission, your executive committee is recommending the adoption of an approved revised wording to our object clause. The general meeting will commence at the conclusion of the Special Meeting”.

## MONTHLY SPEAKER

Our February talk on the 6th of the Month, will be by Michael Murphy on “British Humour”

## VOLUNTEERS NEEDED

We still need names on our tea/coffee making rota for the monthly meeting. Remember the more names we have the less often your turn comes round!! Please join us.

## WELFARE

If you know of any member who is bereaved or ill, please contact Liz Wilson on 474 6843 or any committee member.

At our January meeting, 55 members were privileged to hear a most interesting talk on the Sefton Coastline by Chris Tynan. The coastline stretches for 22 miles and comprises beaches, sand dunes and is home to the Natterjack Toad, Red Squirrel etc., as well as being a haven for wild-life.

### U3A OFFICIALS

**Chair:** Tony Byrne 526 8815  
**Vice Chair:** Ian Roxburgh 474 6665  
**Treasurer:** Ann Carter 523 2697  
**Secretary:** Mike Morris 520 3100  
**Welfare:** Liz Wilson 474 6843

**Our next COMMITTEE meeting will be on TUESDAY, 20 MARCH 2018 at 10.00 a.m.**

**Our next MONTHLY meeting will be on TUESDAY, 6 MARCH 2018 at 2.00 p.m.**

### ART ACTIVE

**Leader:** Eddie Caldwell 526 8288  
**Venue:** Aintree Y&CC  
**Days & times:** Tuesdays 14:00 - 16:00 fortnightly. Next sessions: 13 and 27 February and 13 and 27 March.

If you think you’d like to try your hand at painting come and meet up with us. Discover your own hidden talents and make new friends.

### BRIDGE FOR BEGINNERS

**Leader:** Jane Jones 526 2530  
**Venue:** Aintree Y&CC  
**Days & times:** Mondays 13:00 - 16:00 We run classes for both beginners and improvers so if you fancy giving this amazing game a go, please get in touch.

### CARD MAKING

**Leader:** Pat Williams 792 4806  
**Venue:** Aintree Y&CC  
**Days & times:** Tuesday 6 February 10.00 am-12 pm and Tuesday 24 February 10.30 am - 12.30 pm.

This is a great way to socialise with people and learn new skills that could even save you money.

### CRAFTS

**Leader:** Lesley Darley 284 3385  
**Asst:** Kim Davies 523 8325  
**Venue:** Aintree Y&CC  
**Days & times:** Third Monday in the month 13.00 - 15.00 hrs  
Next session 19 February

Expert or beginner, everyone is welcome. Learn a new skill or revive an old one.

### CINEMA GROUP

**Leader:** Carol Whitely 531 7066  
The Cinema Group will meet at the Odeon Switch Island 1.30 pm on Thursday 22 February to see “Film Stars don’t die in Liverpool”.

## COMMUNITY GARDENING

**Leader:** Marion Elson 286 5267  
**Asst:** Margaret Wagner 531 7449  
The beds by the Old Roan shops have now been planted up and the gardening volunteers will maintain them. We are constantly litter picking around the area and would gladly welcome more volunteers wishing to come along and help keep the area clean, tidy and pleasant to live in.

## GENTLE KEEP FIT EXERCISE

**Leader:** Tony Byrne 526 8815  
**Venue:** Aintree Y&CC  
**Days & times:** Mondays 09.30- 10.30 (09.00 - 10.00 on first Monday of every month).  
Next sessions: 5 February (09.00-10.00) 12/19/26 February (9.30-10.30)  
Gentle is our byword. All exercises done at your own pace.

## GOLF

**Leader:** Ian Roxburgh 474 6665  
**Venue:** Mossock Hall Golf Club  
**Days & times:** Fridays 12:00 - 13:00  
Everyone is welcome.

## HOLIDAYS

**Leader:** Jane Jones 526 2530

## A Taste of the Netherlands

**24th - 29th June 2018**  
Join us for a six day break to the Netherlands staying at the 4\* Fletcher Hotel just outside Amersfoort. Excursions include Amsterdam, Volendam, Zaanse Schans, and Arnhem with a guided tour of the open air museum. Cost is £485.00. Booking now open. Speak to Jane on 526 2530 for further details.

**A date for your diary** 20th - 24th September 2018. Join us for a "Highlights of Hampshire" five day/ four night break next September staying at the 4\* Norton Hotel just outside Winchester, on a half board basis, at a cost of £425. For additional information please pick up one of our flyers or ring Jane on 526 2530.

## HOW DO I?

**Leader:** Sylvia McCormack 526 6194  
Next meeting:  
Tuesday 20 February 2 - 4 pm.  
Come & join us for a cuppa and a chat. Bring your problems.

## OUT & ABOUT

**Leaders:** Marion Elson 286 5267  
Margaret Wagner 531 7449  
1) a tour of the Liverpool Athenaeum Club has been arranged for Wednesday 14/3/18 at 14.00 hrs. The cost is £12.50 and the tour is an hour and a half with afternoon tea included. We are limited to a maximum of 30 people.  
2) Easter lunch arranged for Wednesday 11/4/18 at L20 restaurant @ £16.00 per head for a 3 course lunch including tea and coffee. There will also be a raffle. Arrive at 12.30 to be seated and served at 13.00 hrs. Maximum of 70 people.  
See Marion/Margaret

## NO REFUNDS FOR CANCELLATIONS.

## SINGING FOR FUN

**Leader:** Eddie Caldwell 526 8288  
**Venue:** Aintree Y&CC  
Next sessions: Fridays,  
23 February and  
30 March all 10 am - 12 pm.  
We need more voices. All welcome to come along and practice for our concerts.

## SPANISH

**Leader:** Rylda Blake 526 7513  
Please contact Rylda for information about this group.

## U3A DINERS

**Leader:** Jan Jones 07815614857 - our next meal out will be at a Turkish restaurant called Elif in Bold Street on Thursday, 15 February at 2.15 pm. The cost is £11 for 2 courses .

## UKULELE GROUP

**Leaders:** Liz Wilson 474 6843 and Connie Cain 526 0575 - This Group will meet at the Methodist Church every Tuesday evening at 6.30-8.30 pm. This decision has been taken to enable the two groups to be merged. However, Group 2 are still meeting on Mondays 2-3 pm in member's home.

## WALKING GROUP

**Leader:** Mike Morris 520 3100  
**Days & times:** Fortnightly on Thursdays. The Group has already enjoyed two bracing walks this year; out to Hilbre Island and to Calderstones Park, where an up-close inspection of the older-than-the-Pyramids-and-Stonehenge calder stones was arranged. The next walks are to Waterloo on Thursday, 8 February (3 miles) and to Leasowe on Thursday, 22 February (5 miles). Both meeting at Old Roan station at 9.50 a.m.  
A new annual programme of walks is on our noticeboard. Anyone interested in forming a walking group should please contact Mike. The walks planned will take the fitness of all involved into consideration.

## WINE APPRECIATION

**Group One Leader:** Liz Wilson 474 6843 - will meet on Thursday 15 February at 6 p.m., at Marks & Spencer.  
**Group Two Leader:** Carol Ingham 531 9690 - will meet on Wednesday 7th February at 7.30 pm in member's home.

## WRITING FOR PLEASURE

**Leader:** Iona James 526 7832  
Do you find pleasure in the written word? Enjoy a good story? Thought you could do better? Come along and find out. We'd love to meet you.  
The group meets the 2nd Tuesday of the month at Aintree Y&CC.  
Next meeting: Tuesday 13 February from 11 am - 12.30 pm

## PLEASE NOTE:

All activities are taken at your own risk. You are responsible for ensuring your own safety.

## **NON-U3A ACTIVITIES**

### **TAI CHI**

**Leader:** Mike Woodward 476 4782

**Venue:** Aintree Y&CC

**Days & times:** Meets on Wednesdays at 13:30 - 14:30

### **LIBRARY**

**Venue:** Aintree Y&CC

**Days & times:** Tuesdays 10:30 - 12:30 and Thursdays 14:00 - 16:00

### **JIGSAW CLUB**

**Venue:** Aintree Y&CC

**Days & times:** Tuesdays 10:30 - 12:30

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## **BITS AND PIECES**

**A Photo Competition** has been organised which is open to all Aintree U3A members. The theme is "Wild life in your garden or the park". See flyer on Centre noticeboard for all details. Open until 5 March. Prize to be awarded on AGM day.

The Third Age Trust has introduced a regular on-line national newsletter and all U3A members are being encouraged to register to receive it directly at [u3a.org.uk/email](http://u3a.org.uk/email).

Margaret Wagner thanked everyone concerned for the good wishes and cards which she had received following her recent fall and broken hip.

Tony Byrne urged all members to read the latest national and regional newsletters. He added that the Lancashire and Merseyside Network continued to progress and was hoping to sponsor a number of events including a crafts day, a Liverpool 18th century history day and a quiz event at the Adelphi Hotel, Liverpool on 12 April (to be organised by the Huyton U3A). In addition, the Network was seeking the views of member U3As on the possibility of holding a Ball for Network members later in the year.

Tony also referred to a number of our own planned events including a St Patrick's night social at the Holy Rosary Club on 17th March and a curry night with live entertainment at the Holy Rosary Club on 11th May. In addition the How Do I? meeting at the Centre on 20th February at 2 p.m., would initiate discussions about the possibility of staging an Aintree U3A pantomime later this year.