

AINTREE U3A

Newsletter February 2016

On Tuesday 2nd February Ian welcomed 77 including 2 new members. We were given a most interesting talk by Elaine Allen on "The Ovaltinies". She started by playing the song "We are the Ovaltinies, happy boys and girls...." Of course this brought back memories of our childhood and most of us were able to join in. It was interesting to hear how Ovaltine started as a health drink in Switzerland and developed to such a famous and iconic brand which was very aware of the power of advertising. I'm certain most of us left with the Ovaltinies ditty and the song "Happy days are here again..." continuing in our heads.

Art Active Leader Eddie Caldwell

We will meet on Tuesdays 9th when we will paint a garden gate with plants and on 23rd February we hope to paint spring flowers, possibly daffodils. We meet from 2.00 – 4.00pm.

Bridge for Beginners Leader Jane Jones

The Bridge group meet each Monday, the more experienced at 1.00pm and the beginners at 2.00pm. The Group meet every Monday at the Centre.

Craft Group Leaders Lesley Darley & Kim Davies

The Group will meet on 15th February between 1.00 and 3.00pm. The kits that Lesley and Kim got for last month were very popular and they have managed to get more of them.

Out & About Group Leaders Margaret Eastwood & Liz Wilson

Tuesday 23rd February there will be an 'Out & About' to the Lady Lever Art Gallery, Port Sunlight, to see an exhibition of glamorous 1930's evening gowns, "Putting on the Glitz" which will be finishing on the 28th February. Meet at the station at 9.50am.

There will be a theatre outing to the Unity Theatre on Thursday 7th April to see "Breakin` Pad".

Spanish Group Leaders Bill & Edna Thomason

Spanish will be meeting on Fridays 5th and the 19th February, then the 4th March at Bill and Edna's home.

Walking Group Leader Tony Byrne

Both Amblers and Ramblers on Thursday 11th February will walk from Freshfield to Ainsdale but will follow different routes and meet up for lunch. Maps will be available, so no excuse for getting lost.

On Thursday 25th February the walk will be along the coast road to Southport and again the Amblers and Ramblers will follow different routes. As usual meet at the station 9.50 for both walks

Community Gardening Leaders Marion Elson & Margaret Wagner

As during the winter there is less to do in the garden there will be noplanting. The daffodils at the Old Roan are looking bright and cheerful, just what we need these dull rainy days, thanks to all members who do the work.

Local History group Leader Doreen Stock & Fred Forrest

Local history group meet on Wednesdays, 3rd and 17th of February and 2nd March

Around The World Group. Leader Jan Jones

This month on Tuesday 16th we will visit Portugal. Meet at Nando`s on the retail park, Aintree 1.40pm for a late lunch meal. Names and deposit of £5 to Jan Jones at the latest 12th of February.

Cinema Group Leader Carol Whiteley

Members who have signed up will be notified if any cinema visits are arranged. If you wish to add your name to the list please contact Carol or Iona.

Computer group Leader Collette Forrest

The computer group meet on Thursdays between 2.00 & 4.00pm. Please bring your own ipad/tablet/laptop if you have one; there are ones available at the Centre if you need to borrow.

Creative Writing Group Contact Iona James

This group meet on Tuesdays 9th and 23rd between 11.00 – 12.00am. We discuss and write for enjoyment, you do not have to be a serious writer to join, just use your imagination.

Singing for Fun Leader Eddie Caldwell

This new group had a good time at the first meeting in January with 24 members attending. If you like singing (all you have to do is enjoy it) come to the Centre on Friday 26th February between 10.00 & 11.30am. The group will meet on the last Friday of the month except Easter time.

Card Making Leader Pat Williams

This group has just started and is proving very popular. All are welcome to try their hand at this interesting hobby. Meet at the Centre Tuesdays 16th February and 1st March 10.30 – 12.30.

Dancing If you are interested please put your name on the list at the Centre. Dancing is not just ballroom but covers different styles. For more information contact Jean Jones

Tea Rota – Please consider putting your name to the rota, to ensure the same people are not responsible for refreshments all the time. Thanks to all who have willingly made the tea it is much appreciated.

****You should have received with this newsletter a nomination form for key committee roles of Chairman, Secretary, Treasurer and Group Co-ordinator. Forms to be returned at the March meeting or to Liz Wilson (sec.). Vote will be by secret ballot at our AGM in April if more than one person is standing for a position. Please consider taking on a role to enable our thriving U3A to continue to flourish, without these roles Aintree U3A will fail. Speak to any committee member if you need any information. Support and back up will be available. Please do not nominate anyone without their permission and remember you can nominate yourself.*

*Lists for activities, visits etc. will be found on a table in the committee room other information on our notice board.

Bits & pieces

* Library at the Centre is open on Tuesdays 10.30 -12.30, Thursdays 2.00 - 4.00pm and now Saturdays 10.30 – 12.30

* Tai Chi meet on Wednesdays at 1.30 – 2.30pm. Cost is £2.50 for information contact Mike

* If any member wishes to brush up on their Welsh they are welcome to join Maghull group contact Jane

* Hole in Wall Cafe, 37 School Lane, have a free event 28th February at 3.00pm

****It has been brought to our attention that pharmacies funding cuts are being considered and some could close. We have 2 excellent chemists here in Aintree. If you do not wish to lose them please contact our MP Bill Esterson www.billesterson.org.uk or tel 531 8433 or sign <https://petition.parliament.uk/petitions/116943>. Forms are also available to sign at Old Roan pharmacy. The deadline for the form is Friday 12 February.*

*.*National U3A rules are, that visitors can attend two meetings before deciding whether to join. If people are not members they are not able to join interest groups or go on excursions, outings etc.*

*If you have any relevant information for the newsletter please contact Iona James, or Liz Wilson, secretary.

*Put aintreeu3a into Google to find our website to see photos of different events and groups.

Next meeting Tuesday 1st March: The speaker will be Brenda Murray, the talk will be “The History of Waterloo, Merseyside”