



THE UNIVERSITY OF THE THIRD AGE



# AINTREE U3A

AUGUST 2019

<https://sites.google.com/site/aintreeu3a>

## NOTICES

JOIN US FOR OUR MONTHLY MEETING ON THE FIRST TUESDAY OF THE MONTH 14:00 – 16:00 HRS

## MONTHLY SPEAKERS

6.8.19 Ray O'Brien "Story of the Sit-Com"

3.9.19 David Hearn "Liverpool and the Slave Trade"

1.10.19 Andy Johnson "The Giants"

5.11.19 Gordon Bartley "Fish & Chips, Little Ships etc."

3.12.19 Christmas Party

## WELFARE

If you know of any member who is bereaved or ill, please contact Barbara Shaw on 281 1159 or any committee member.

## U3A OFFICIALS

Chair Carol Whiteley 531 7066

Vice Chair: Ian Roxburgh 474 6665

Treasurer: Ann Carter 523 2697

Secretary: Liz Wilson 474 6843

(Temporary)

Welfare: Barbara Shaw 281 1159

## VOLUNTEERS NEEDED

We still need names on our tea/coffee making rota for the monthly meeting.

Our next MONTHLY meeting will be on **TUESDAY, 3 SEPTEMBER 2019** at 2.00 p.m.

**PLEASE NOTE: We are still looking for a Secretary, a Vice Secretary and a Treasurer (for next year) to shadow our present Treasurer.**

**80 Members** attended our meeting in July and were privileged to hear Derek Arnold give a most interesting and entertaining talk on the True Story of the Mary Celeste (the mystery ship found drifting in the Atlantic).

## ART ACTIVE

Leader: Eddie Caldwell 526 8288

Venue: **AINTREE COMMUNITY CENTRE (unless otherwise stated)**

Days & times: Tuesdays 2.00 - 4.00 p.m., fortnightly.

Next sessions: **13 August, 27 August (while Eddie is away)** Please come along to support us. (Normal service will then resume on 10 September).

## BRIDGE FOR BEGINNERS

Leader: Jane Jones 526 2530

Venue: **MAGHULL PARISH HALL**

Days & times: There is no Bridge Group meetings during August. We will restart in September.

## CARD MAKING

Leader: Pat Williams 208 7171

Venue: **AINTREE COMMUNITY CENTRE**

Days & times: Tuesdays, 6 & 20 August - 10 a.m. to 12 noon. Great way to socialise with people.

## CINEMA GROUP

Leader: Carol Whiteley 531 7066

The upcoming Silver Screen films :- Still not receiving any information from the Odeon. Members will be informed as soon as we have any news.

## COMMUNITY GARDENING

Leader: Marion Elson 286 5267

Asst: Margaret Wagner 531 7449

Flower beds and troughs now planted up and looking good. Thank you to Ron Newton for keeping the troughs/beds watered during the dry periods. A litter pick was also carried out on Saturday, 27 July around the Old Roan shops and along towards Asda and up by B&Q - quite a lot of rubbish collected!!!

The Community Gardeners regenerated the rockery at Harrow Driving Bowling Club - all unwanted vegetation cut back and cleared; fresh compost added and some rockery plants installed.

## CRAFTS

Leader: Lesley Darley 284 3385

Asst: Kim Davies 523 8325

Venue: **AINTREE COMMUNITY CENTRE**

Days & times: Third Monday in the month 13.00 - 15.00 hrs.

Next session: 19 August

## CROCHET GROUP

**Leader:** Connie Cain 526 0575

**Dates & times:** Thursday, 15 August and Thursday, 29 August. With it being the summer period people may be on holiday, looking after grandchildren etc., but Connie will be available if anyone wishes to attend. The class will be held fortnightly on Thursdays 2 p.m. - 3 p.m. and will be held at Connie's home.

## GENTLE KEEP FIT EXERCISE

**Temporary contact:** Mike Morris 520 3100

**Venue:** AINTREE COMMUNITY CENTRE

**Days & times:** Mondays 09.30-10.30 a.m. **(BUT NOT BANK HOLIDAYS) FIRST** Monday each month commences at 9.00 a.m. **However there are alterations to the times in August as follows:-**  
**Monday 5th August 9.30 - 10.30 a.m, Monday 12 August 9.00 - 10.00 a.m., Monday 19 August 9.30 - 10.30 a.m. NO SESSION ON Monday 26 August (Bank Holiday), Monday 2 September 9.00 - 10.00 a.m.** Gentle is our byword. All exercises done at your own pace.

## GOLF

**Leader:** Ian Roxburgh 474 6665

**Venue:** Aintree Golf Centre

**Days & times:** Times and days vary so contact Ian to confirm attendance during the week before so planned sessions can be confirmed. There is a cost depending on your status (£6.50 to £8.50) for 9 holes, our usual round, which takes approximately 2 hrs.

## HOLIDAYS

**Leader:** Jane Jones 526 2530

**SEE DETAILS ON BACK PAGE**

## HOW DO I?

**Leader:** Sylvia McCormack 526 6194

Unfortunately no-one turned up on 30 July so we will call it a day. Maybe in the winter we can think again.

## INTERESTING BUILDINGS GROUP

**Leaders:** Liz Wilson 474 6843 and Ann Carter 523 2697

**Tour of Metropolitan Cathedral and Crypt, Thursday 29 August.**

Meet in foyer at 10.15 for tour to start 10.30 a.m. There will be 2 groups of 12 as numbers are limited. You will need to obtain a ticket on the day for the Crypt at a cost of £3. Tour cost will be £2.50 to be paid to Roisin Stoddern on the day.

**Aintree Village Summer Festival 11 July 2020.** Our U3A will be manning a plant and book stall. Committee also agreed to man a Lucky Fishing stall. Items will be placed in gift bags and while standing behind a line any bag will be caught on a pole with a hook. A prize every time. If anyone has any donations, bottles, hand creams, body creams, games etc., anything that is unopened and fun to win can be left in the box in the Centre at our meetings. Jane Jones has kindly agreed to store them. We will be needing volunteers to man stalls on the day to make this community event a success.

There will be separate bags for children so if you have any suitable gifts, paints, pens, slime pots etc., please offload them to us. Thank you.

## LOCAL HISTORY GROUP

Watch this space. (Temporary contact is Mike Morris, 520 3100)

## OUT & ABOUT

**Leaders:** Marion Elson 286 5267 Margaret Wagner 531 7449

A visit to **Rode Hall and Gardens** (in Cheshire) is to be arranged for Wednesday, 4 September. Cost will be £17.00 (£10.00 coach/driver's tip and £7.00 for guided tour of the hall). Coach pick up at Old Roan station at 10.00 (to ensure we arrive by 11.00 for guided tour).

## OUT & ABOUT Contd...

We will split into 3 groups for the tour after which you are free to roam the gardens or have lunch in the Tea Rooms or if the weather is fine then bring a picnic. We will depart at 16.00 hrs.

## SINGING FOR FUN

**Leader:** Eddie Caldwell 526 8288

**Venue:** AINTREE COMMUNITY CENTRE **(unless otherwise stated)**

**Summer break: July - August**

Resume Friday, 28 August 10.00 a.m. - 12 noon subject to any bookings received, which you will be informed about. We still require more singers, especially men, for what could be a busy autumn season. All enquiries to Eddie on 0151 526 8288.

**SPANISH** This class is in abeyance as a teacher is needed. Anyone interested contact Rylda Blake on 526 7513

## UKULELE GROUPS

**Leaders:** Liz Wilson 474 6843 (Group One) and Connie Cain 526 0575 (Group Two)

**Group One** - continue to meet every Tuesday at the Methodist Church 6.30 p.m. - 8.00 p.m. Practising for gig in September as well as tackling more songs.

**Group Two** will continue to meet in member's home on a Monday 2-3 p.m.

## U3A DINERS

**Leader:** Jan Jones 07815614857 - the meal at Copacabana Brazilian Rodizio in July was enjoyed by all. **NO MEAL PLANNED FOR AUGUST.**

## WALKING GROUP

**Leader:** Mike Morris 520 3100

**Days & times:** Fortnightly on Thursdays. **Next walks:** - 8 August to Parkgate (5 miles), 22 August to Lathom (War Horse walk - 8 miles) and 5 September to West Kirby (4 miles). Good walking boots are recommended for all walks. Meet as usual at Old Roan station at 9.40 a.m. for all walks.

## **WINE APPRECIATION**

**Group One Leader:** Liz Wilson  
474 6843 –Will meet at member's home on Thursday, 29 August at 7 p.m. Our theme last month was 4 English wines accompanied by exotic Jacobs crackers and Cathedral cheese, Tyrrell crisps, Melton Mowbray pork pies and English strawberries!!!

**Group Two Leader:** Carol Ingham  
531 9690 - next meeting is on 21 August at 7.30 p.m., in member's home.

## **WRITING FOR PLEASURE**

**Leader:** Iona James 526 7832  
The Writing for Pleasure group is meeting on Tuesday, 13 August between **11.00 a.m. - 12.30 p.m.** at the Centre. Do you find pleasure in the written word? Enjoy a good story? Thought you could do better? Come along and find out, we would love to meet you. The group meets the 2nd Tuesday of the month at the Centre.

## **PLEASE NOTE:**

**All activities are taken at your own risk. You are responsible for ensuring your own safety.**

## **ADDITIONAL ITEMS**

An **initial enquiry** is being made to find out if any members would like to learn to play the **GUITAR**. Lessons would be held weekly. If anyone is interested please give your details to Rylda Blake who is the temporary contact (526 7513).

Members please check **North West U3A website** for events in the area.

## **NORTH WEST REGION EVENT - THE BIG SING - QUAKER MEETING HOUSE IN TOWN - 5TH SEPTEMBER.**

Organised by Conductor of Halle Orchestra. Cost £15. If anyone is going, send your registration form and cheque a.s.a.p. please. Register online at North West U3A under events or I have a few registration forms. Contact me (Liz Wilson) if you wish to go.

## **RECENT ADDITIONS TO WEBSITE:**

Audio of Ukulele Group 1 performing - Click and listen directly within the site:

<https://sites.google.com/site/aintreeu3a/groups/ukulele/group1>  
(<https://sites.google.com/site/aintreeu3a/groups/ukulele/group1>)

## **HOLIDAY INFORMATION**

**Please contact Jane on 526 2530 for more detailed information.**

### **DANUBE CRUISE**

There will be a meeting on 3rd September to hand out the packs for the cruise holiday. It will follow the usual coffee and talk. If anyone cannot make it please ensure that someone picks up your pack for you.

### **MURDER MYSTERY BREAK**

There is one twin room still available on this three day break next April.

### **BATTLEFIELDS TOUR**

This five day break to the Somme and Passchendaele areas of France will be taking place September next year. Bookings for this break will start on the 3rd September this year.

### **ISLE OF WIGHT**

Having experienced a few difficulties with booking this holiday, it should be available for booking on the October meeting at the latest.