

AINTREE U3A

Newsletter August 2014

Ian Roxburgh welcomed nearly 70 members including 2 new members. We are certainly going from strength to strength.

Our speaker this month was Gordon Bartley ARPS, who was a retired aviation photographer. He showed beautiful photographs of Snowdonia, from the coast at Llandudno down to Portmeirion and up to Anglesey; all accompanied by an interesting narration.

Art Active Leader Eddie Caldwell

There will be no Art during August; instead we can practice our painting in our gardens and on holiday. Art Active will re-convene 9th September when it is hoped to learn figure drawing and painting.

Bridge for Beginners Leader Jane Jones

There is no Bridge on 11th August; it is hoped to resume the weekly bridge on 18th August. We wish Jane a speedy recovery.

Craft Group Leaders Lesley Darley & Kim Davies

The Craft Group will meet on Monday 18th August. This is a chance to finish off any work and to discuss ideas for the coming season. Please have a think what new work you would like to try, or whether to develop previous work.

Golf Group Leaders Ian Roxburgh 474 6665 & Alf Whittle

The Golf Group meet at Mossock Hall every Wednesday. We could do with more members for this Group, why not give it a go, and enjoy fresh air and exercise. If you fancy trying your hand at golf please ring Ian to check time and venue.

Tea & Talk

This is a mid-month meeting, on the 3rd Tuesday of the month. At the moment very few members attend, yet at our main monthly meetings everyone seems to enjoy the social gathering and opportunity to chat. Come along for a cup of tea or coffee for a convivial hour or two of conversation with other members.

Out & About Group Leader Margaret Eastwood

We will have a tour of the Bootle Fire Station, Bridle Road, on 12th September. We meet at Bridle Road 10am; the cost includes a buffet lunch. On 27th August and 3rd September Pauline Chase has organised two trips to the Liverpool main library, William Brown Street. We meet at 2.00pm in the main foyer. For more details please check with Pauline.

In conjunction with the Walking Group, there is a trip to the Boat Museum and to Grasmere.

Spanish Group Leaders Bill & Edna Thomason

There are no meetings in August; a time to revise perhaps. Spanish conversation will re-start on 12th September.

Walking Group Leader Tony Byrne

The next walk on Thursday 7th August will cover St. Michael's, Lark Lane and Sefton Park. Meet as usual 9.50am at Old Roan station. A trip and walk has been organised to Grasmere on Thursday 21st August. Please note the coach will leave Old Roan station at **9.00am**. Contact Marion Elson for more details.

There will be a visit organised to the Boat Museum at Ellesmere Port on the 25th September, for walkers & non-walkers. We hope that Tony will be able to have his knee treatment as soon as possible.

Community Gardening Leaders Marion Elson & Margaret Wagner

This Group is now established and already have tidied up and planted beds around the Community Centre as well as tidying up the flower beds at the Old Roan shops. It is hoped to rotate between the Community Centre, the Old Roan shops and flower beds and baskets by the Old Roan station. For more information please contact either Marion or Margaret.

Ballroom Dancing Leader Jean Jones

This will start on Thursday 28th August 10.30 – 12 noon. The group will meet every other Thursday and will alternate with the Walking Group.

Tai Chi

Mike has started the Tai Chi and is holding two classes, on Wednesday and Friday at 1.00 pm. Although 41 members had originally put their name forward, at present only a handful have turned up. Mike is happy for those with mobility problems and would prefer to sit to join in the classes. Tai Chi improves your joint movement, balance and co-ordination. It is a very gentle way of exercising.

All activities taken with the U3A are at your own risk. You are responsible for taking enough care.

**All meetings to be held at Oriel Drive Centre unless otherwise stated.*

Bits & pieces

*It is hoped to start a Local History group in October. This should be very interesting learning about our locality and surrounding area. Date and time will be given out probably at the October meeting.

*The Craft Group went for afternoon tea at the Hope Cafe last month and it was wonderful. We would highly recommend you to visit the cafe and support this excellent venue. Closed all August, re-opens in September on Tuesdays, Wednesdays and Thursdays, 9am -3pm

*We had a very interesting and informative evening with The Liverpool Cheese Company. Everyone had a pleasant evening and enjoyed tasting the different and unusual cheeses.

* The trip to St Helen`s `World of Glass` on Thursday 16th October will not now take place as it was felt that it would have been difficult to get to the venue for a 10 am start and very few members wished to go.

* Val Ennis will be running a MacMillan coffee morning at the Conservative Club 11 am on 26th September. This is part of the national `Big Coffee Morning` fundraising event.

*If anyone knows of any member who is unwell please speak to the U3A visiting team, Margaret Eastwood, Pat Bannon or Barbara Rowlands.

* Our little library corner is getting more & more books. Please bring your used books and feel free to borrow any.

*If you have any relevant information for the newsletter please contact Iona James or Liz Wilson; any ideas for new groups contact Pat Carroll on 07790 515 744.

Next meeting Tuesday 2nd September 2-4 pm

We will be showing a nostalgic DVD of old Liverpool titled "Time and our City". If you have pictures, postcards old books of Liverpool – bring them along (labelled with your details) to share memories.

Age Concern will also be popping in to give members information re local services available.

Diary date

Our next meeting will be Tuesday 7th October; we will welcome the return of Neil Smith who will talk on "Behind the Iron Curtain".